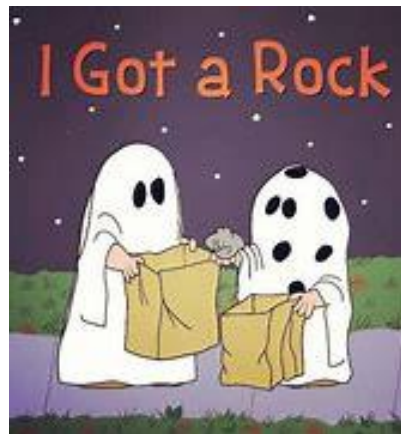


THE SENTINEL

October 2020

Central Lutheran Church | 1000 Easton Rd. | Dallas, TX 75218 | www.centrallutheran.org
214.327.2222 | central.lutheran.dallas@gmail.com

God calls us to proclaim the Gospel and demonstrate Christ's love for all.





- 2nd Betty Hoffman, Lilly Townsley
- 3rd Scott Hauser
- 4th Ashley Goins
- 6th Bill Paschetag
- 7th Brandon Coleman
- 11th Kathleen Batman
- 13th Marilyn Hyde
- 15th Noah Pearson
- 17th Elizabeth Thrash
- 18th Beth Garcia, Ella Oxley, Randall Quill
- 23rd James Quill Jr., Shanley Silvey, John Wrobbel
- 24th Amelia Hauser
- 28th Vivian Curry, Amy Garcia
- 29th Sarah Thigpen
- 31st Ed Fiducia, Brooke Monaghan



David & Ann Graham	10/01	32 years
Julie & Jack Atkins	10/02	26 years
David & Julie Fisk	10/06	20 years
Rick & Joy Bruick	10/12	24 years
Stan & Kathy Nagel	10/21	42 years
Larry & Diane McCain	10/26	29 years
Alan & Maren Nagorzanski	10/29	26 years

Church Council

President - Phillip Cannatti

214/738-0829 phillip.cannatti@gmail.com

Vice President—Mary Glenn

214/566-7519 maryglenn1963@gmail.com

Secretary— Amy Kjorlien-Lewis

214/686-4264 amye_2@yahoo.com

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214/328-4615 farrowcpa@sbcglobal.net

972/392-2133 davidambrown@aol.com

Activities — Susan & Tim Wrobbel

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Administration — Nancy & Larry Anglin

210/467-7486 nanglin50@yahoo.com

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Evangelism — Alesia Pearson

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Mission & Outreach —

Stewardship — Paul Chambers

214/966-4876 paulchambers@aol.com

Worship & Service — Jenny Pickett

214/503-3196 sjapickett@msn.com

Youth — TJ Goins

512/913-8436 thomasgoins1994@yahoo.com



Mario's Quote of the Month:

The Lord is my strength and my song;
he has become my salvation.

Psalm 118:14



Central Lutheran Church

1000 Easton Road, Dallas, TX 75218

Sunday School 9:00 a.m.

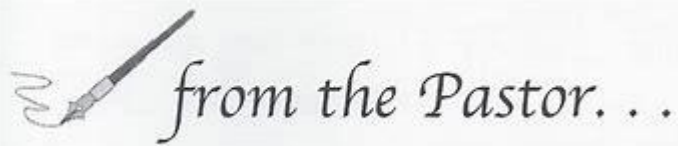
Worship Service 10:30 a.m.

Communion Every Sunday

Rev. Kristina Lampson-Truhan, Pastor

Music Director: Harold Knight

Office Administrator: David LeVasseur



September 14, 2020

We are many months into the two-week “staycation” to flatten the curve, and it’s safe to say that each of us didn’t expect what has transpired so far and that it will continue to affect our lives in the foreseeable future. Fortunately, efforts to curb the expansion of COVID have been somewhat successful and – while we aren’t out of the proverbial woods yet – our council and Pastor Kristina have elected to return to live services beginning October 4th provided that Dallas County doesn’t experience a notable spike in the next week or two. We are mindful of the seriousness of the issue and have been deliberately discussing how to get us back to ‘live’ services in the safest way we know how. After hearing from many of you over the past weeks (and discussing it amongst the council for longer than that), we faced a common desire to return to church fully aware that it will be different because of the necessary safety measures we must implement. First of all, let us rejoice in our anticipated resumption of “live” church and our ability to enjoy the fellowship (albeit at a safe distance) and an uplifting sermon on the bible and how it helps us get through this oddball time. While we have always known our church was special and one of the best parts is our members, so we hope that our time apart will renew our appreciation of our family. So, what necessary safety measures will you see when we return? First and foremost, where we sit in church will be different: there will be at least 6-10 feet separation between each family group. The need to maintain this “social distancing” will impact not only how you come into church to take your seat and how you leave – one family unit at a time – but also where you sit and how many can sit safely while spaced out. This will likely start with each of you letting us know if we can expect you on October 4th (and the Sundays thereafter). Everyone wants to come back, but sadly it is not yet time for everyone to come back right now: each of us has to answer that question of what’s best for us in deciding when to come back. We each have different health considerations and comfort levels, and only you can say when is best for you. Once you decide when you are coming back, you will need to be able to answer “No!” to each of the following questions:

- Have you or anyone in your household had any of the following symptoms in the last 21 days: sore throat, cough, chills, body aches for unknown reasons, shortness of breath for unknown reasons, loss of smell, loss of taste, fever at or greater than 100 degrees Fahrenheit?
- Have you or anyone in your household been tested for COVID-19?
- Have you or anyone in your household cared for an individual who is in quarantine or is a presumptive positive or has tested positive for COVID-19?
- Do you have any reason to believe you or anyone in your household has been exposed to or acquired COVID-19?
- Have you or anyone in your household visited or received treatment in a hospital, nursing home, long-term care, or other health care facility in the past 30 days?
- Have you or anyone in your household traveled in the U.S. in the past 21 days?
- Have you or anyone in your household traveled on a cruise ship in the last 21 days?
- Are you or anyone in your household a health care provider or emergency responder?
- To the best of your knowledge have you been near any individual who tested positive for COVID-19?



... and the



Once you arrive, things will look a bit differently, too:

- We will learn to appreciate wearing a mask the entire time you are at Central Lutheran Church.
- We'll enter church one family at a time, at which time you'll get your temperature checked, be able to 'sanitize' your hands with "magic soap" (alcoholic hand cleaner), and walk to your spaced (out) seat.
- While we are working on the details, you will likely receive your bulletin and (hopefully) communion packets either as you walk in or already waiting for you at your seat.
- We will reluctantly forego greeting one another through handshakes, hugs, fist bumps, etc. We have been sharing church spiritually on Sunday through 'streamed' services, so this way we will be able to actually see one another, flash peace signs and shout out greetings to one another. Better than a virtual hug...
- When it comes time to leave, we will go out backwards: rear row first, and then one row (closer to the front) at a time.
- On your way out, you recycle your bulletin and if you can leave your tithe | giving envelope in a basket.

There are obviously more details to be worked out, and it is likely the fellowship hall will not be open at first, so keep an eye on e-mail and ears on your phone. And yes, we will be continuing 'online' services that are currently streaming on Central Lutheran Church's Facebook page (<https://www.facebook.com/CentralLutheranDallas>). This means – hopefully – that Harold and the choir will continue to provide much-loved music and singing during our church service (live and streamed). This is good not only because they sound phenomenal and are an integral part of our church services, but because current guidelines require even more distance if we are going to sing. So, we probably will not be singing (initially) during church because that means we would need more space between every family unit.

We will keep you updated, and we look forward to hearing back from you, too.

Phillip E. Cannatti President, Central Lutheran Church Council PCannatti@LC-Lawfirm.com Phillip.Cannatti@gmail.com (214) 738-0829 (mobile)	Rev. Kristina M. Lampson-Truhan Pastor Rev.Kristina.Truhan@gmail.com Rev.Kris.Lampson@gmail.com (469)580-1080 (mobile)
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Please continue to pray for those in need:

Members homebound, in hospital or in senior care facilities: Theresa Brown, Barbara Hunt, Bill Paschetag, Ozelle Samples, Eugene Straach, Faye Zimmermann.

Members with prayer needs: Pat Buie, Paul Chambers, Judy Christiansen, Greg Eilmann, Jan Hare, Harold Knight, Jerry Krause, Carol Lamberson, Mark Moody, Stan Nagel, Patsy & Lionel Schoen, Tina Smith, John & Mary Swenson, Pr. Kristina Lampson-Truhan, Nathan Truhan.

Members' Family and Friends:

Scott Albrect	Patsy Gist	
Jeff Barton	Aliene Goff	
David Batman	Paul Gourley	Char Paul
Desiree & Dani	Dawn Gray	Dolores Peluso
Jeffrey Betz	Dottie Sue Gregory	Joanne Prokop
Willie Bishop	Wanda Groothuis	Tom & Joan Quiett
Katsie Brock	Peggy Hanson	Dr. Lawrence J. Rasero, Jr
Tom Calello	Shirley Harrison	Bekah Roebuck
Leah Campbell	Bruce Hesse	Donna & Gregory Rutz
Diane Castillo	Issac	Bonnie Knight Sato
Carol Cantesano	Gayle Jacobs	Lisa Sato
Holly Christianson	Jace Josephson	Katie Smith
Sean Corkery	Jessica and niece Corinne	Ruth Steiner
Jerry Crawford	Josh	Jill Studley
Clayton Daniels	Jennifer Kikta	Roy Taylor
Jackie Dove	Don & Jane Klauser	Carton & Jeanine Wendel
Sheila Dustin	Bill Long	Didi Wendel
Kim Faulkner	Uriah McGee	Susan Wilson
	Marian Morgan	

Military: Michael Barton, Ken Bethke, Isaac Burge, Jason Caldwell, Brandon Chapman, Merrill Cline, Jerry Crawford, Paul Giguere, Brad Glasgow, Steven Glenn, Derrek Krause, Robert Krause, Josh Lawson, Tim Miller, Walker Mosely, Robert Rogers, Darrin Sandifer, Jared Sank, James Scott, Tyler Srun, Brandon Stock, Aaron Thrash, Nathan Wrobbel.



Should I go back to church in person?

It is safe to say we are all tired of this COVID mess and would love to get back together to worship in person! Each of us must answer the question: is it safe and okay for me to go? We encourage everyone to follow the CDC's guidelines and recommendations, and while we believe for our county, the conditions have improved to a point to allow in-person worship, with the advice noted in Phillip & Pastor Kristina's letter, we do recognize it is not for everyone. We will continue our on-line worship on Facebook so that everyone can be included in worship and will continue Bible Study and most other meetings on Zoom.

CDC guidelines for increased risk for complications include:

Being 65 years or older, with increased risk of complications & severity of illness with each decade of life (if you are over 70, you are strongly encouraged to continue on-line worship – stay safe!)

If you have a heart condition or vascular disease (at any age)

If you are diabetic (at any age)

If you have any respiratory condition (asthma, COPD, emphysema, cystic fibrosis, etc., at any age)

If you are obese (at any age)

If you take care of anyone or live with someone with any of these risks, they could become at risk if you are exposed and take it home to them

If your immune system is compromised either by a health condition or the medications you take

If you are fighting cancer

If you have chronic kidney disease

In general, the more people you interact with, and the more closely you interact with them, and the longer that interaction, the higher the risk of COVID-19 spread. As a congregation, we will be following CDC guidelines by social distancing, wearing masks, avoiding sharing items (like communion or passing an offering plate), and minimizing close interactions (no hugs, no handshakes or fist bumps, etc.). Please prayerfully consider if you are safe and comfortable attending with these precautions. If you are at increased risk, as much as we would love to see you, please stay home and stay safe – we'll see you online!



Reformation
Sunday
October 25th



Pastor Appreciation Day is Sunday, October 11, 2020

A Pastor Appreciation Day Prayer

Lord, Help My Pastor

by Patricia Bankhead *(pronouns changed from original)*

Lord, help my Pastor, I pray
There are many obstacles in her way
Every burden help her to bear
Dear Lord, keep her in Your tender care
Give her strength and the ability
To care for the church and her family
Lord, there is so much she has to do
She can't do alone, she surely needs You
So shelter her in Your loving arms
Safe from all danger and unseen harm
Guard her mouth, her heart and mind
Remove every tittle of sin and pride
Keep her in the hour of temptation
May she not be moved by Satan's persuasion
Remove all fears, Lord, remove all doubt
By Your Spirit, Lord, be in her mouth
So that she will speak a word that is due
And bring Your dear people closer to You

In Jesus Name, Amen.



BACK TO SCHOOL BASH! GOD'S WORK OUR HANDS!

From Alesia Pearson:

A special "Thank You!" to everyone who helped make the Back to School Bash (B2SB) possible! From those who made financial donations or dropped off supplies to those who packed bags and helped hand them out at the event. It was a group effort that included donations and volunteers from our scout families and community in addition to our congregation to help make it possible! A BIG thanks to Cathy Jones who helped organize and count our supplies regularly and do some extra shopping and she and Harold were there at every step to help make it happen – whatever was needed!

Volunteers Harold & Cathy Jones and the Pearson four helped organize the supplies to be filled into backpacks. Judy Koble, Harold & Cathy Jones, and Wyatt, and Alesia Pearson helped fill the backpacks. And on our big day, Pastor Kristina, Harold & Cathy Jones, David, Alesia & Wyatt Pearson, Joy & Ben Bruick, Amy & Sheryl Kjorlein-Lewis, Mary Glenn, Sarah Blaser, and several scouts helped hand out supplies, keep things reorganized & cleaned up inside, and directing (and sometimes re-directing) traffic flow! We ended up with folks posted at 4 corners of entry/drive-thru to help show people the way.

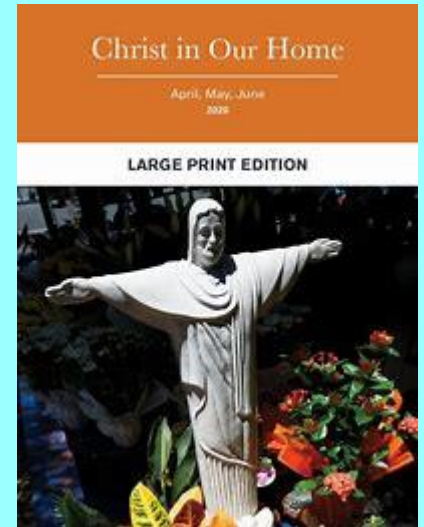
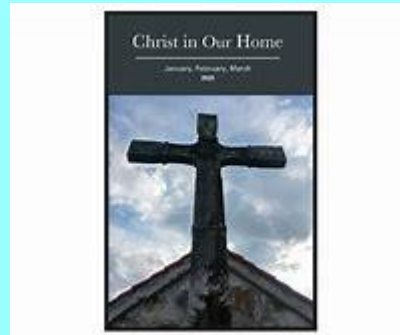
At the end of the day, about 223 backpacks and bags of supplies were handed out and we turned a few away in the last few minutes. We did have some extra random supplies we shared with Casa View and Hexter Elementaries including construction & manilla paper, crayons, and water-based markers.

Many who received the supplies shared what a help and blessing it was for them and were very appreciative. Thank you all for helping so many children get their school year off to a good start!



Christ in Our Home

The new quarterly issue of *Christ in Our Home* is available for pickup from tables in the narthex, as well as outside the church office and in the parlor. This booklet contains a brief uplifting message that pertains to your daily living. Give it a try. It will become a habit when you see how it touches your life. Call the church office if you would like to have a copy mailed. A few large-print copies are available.



White Rock Center of Hope continues to be a primary Community outreach and ministry for us. We had great response this summer when we held a specific drive to collect peanut butter and other food to help the pantry. We have left the food collection box out and weekly take food items there – keep it coming!

Several of our members have resumed volunteering again now that the resale shop has reopened on Mon, Wed, and Fridays (9am-4pm). They do still need some volunteer help there. If you are available and are comfortable helping in the shop (while wearing a mask) either half days or full days, they could use your help! They also need volunteers for sorting clothing and food items, too!

Call Tracee (214) 324-2020 to volunteer in the shop.



Current food needs include: canned meats – including chili, Chef Boyardee, tuna, etc.

Canned vegetables and fruits, canned tomato products, Mac & Cheese & other pasta, soups, peanut butter, and other shelf items like hamburger helper, suddenly salad, rice, dried beans...

So far this year, over 6,000 people in our community have been helped with almost 207,000 pounds of food distributed, over 27,800 clothing items distributed, and 406 people provided with financial assistance.

October

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 -Live Service 10:30 am -St. Bart's Service 5:00 pm	5	6	7	8	9	10
11 -10:30 am Service -Pastor Appreciation Day -Council Meeting -St. Bart's Service 5:00 pm	12 -Columbus Day	13	14	15	16	17
18 -10:30 am Service -St. Bart's Service 5:00 pm	19	20	21	22	23	24
25 -Reformation Sunday -10:30 am Service -St. Bart's Service 5:00 pm	26	27	28	29	30	31 -Halloween Trunk or Treat 6-8 pm

Trunk or Treat: Covid style = drive-thru trick or treating

This has been a fun community event the last several years and with so many other activities cancelled this year, we want to help the kids in our community know we care and help provide some sense of normalcy. Instead of lining up with our cars this year, we'll collect candy donations to bag up. We'll have a drive-thru event, with social distancing and mask & glove wearing, to hand out a bags of treats for the kids in their cars. Contact Mary Glenn or Alesia Pearson to coordinate getting treats dropped off or leave them in the WRCOH box.

Church communications

Are you receiving Thursday Thoughts emails and other church information? Check your address folder in your email and make sure these addresses are in your list of addresses to help be sure you get our emails: central.lutheran.dallas@gmail.com; maryeridgway@gmail.com, alesia-r-pearson@swbell.net

Important letters/communications are also mailed to those who receive the Sentinel by mail. We are organizing a phone list so those who receive mail can be given phone calls for more timely and thorough communication. If you'd prefer the Sentinel printed by mail instead of by email or would prefer phone calls for other communications, please contact David in the church office: 214-327-2222.